THE CASE FOR Christ

Investigating the Evidence for Jesus

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Revised Edition
Contents

Session 1
The Investigation of a Lifetime ............... 7

Session 2
Eyewitness Evidence ......................... 19

Session 3
Evidence Outside the Bible ................... 33

Session 4
Analyzing Jesus ................................. 49

Session 5
Evidence for the Resurrection .............. 65

Session 6
Reaching Your Verdict ......................... 87

Small Group Leader Helps .................... 103
Occasionally bodies turn up missing in pulp fiction and real life, but rarely do you encounter an empty tomb … The issue with Jesus isn’t that he was nowhere to be seen. It’s that he was seen, alive; he was seen, dead; and he was seen, alive once more. If we believe the Gospel accounts, this isn’t a matter of a missing body. No, it’s a matter of Jesus still being alive, even to this day, even after publicly succumbing to the horrors of crucifixion.

Lee Strobel, *The Case for Christ*
Watch This!

Video Teaching Segment

*Space is provided to take notes on anything that stands out to you.*

Discussed This!

1. Consider the following deduction: *If it can be shown that Jesus really did return from the dead, then it can be concluded that Jesus really is who he claimed to be: the one and only Son of God.* Do you agree or disagree? Would verification of the resurrection convince you of Jesus’ divinity? Explain.

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“The chances of surviving the crucifixion were extremely bleak. Crucifixion and the tortures that normally preceded it was the worst way to die in antiquity. A person was scourged to the point usually that their intestines, arteries and veins were laid bare. And then after that a person was dragged out where they were impaled to a cross or a tree. And then left hanging there in excruciating pain.”

— Resurrection expert Michael Licona
2. Some skeptics claim that although Jesus might have been crucified, he never really died. Instead, he merely fainted on the cross or was drugged, and later escaped as part of a conspiracy. To what extent do you think the “swoon hypothesis” (see the “Think About This!” box) makes sense? Give reasons for your explanation.

THINK ABOUT THIS!

The Swoon Hypothesis

The idea that Jesus never really died on the cross can be found in the Koran, which was written in the seventh century— in fact, Ahmadiya Muslims contend that Jesus actually fled to India. To this day there’s a shrine that allegedly marks his real burial place in Srinagar, Kashmir.

As the nineteenth century dawned, Karl Bahrdt, Karl Venturini, and others tried to explain away the resurrection by suggesting that Jesus only fainted from exhaustion on the cross, or he had been given a drug that made him appear to die, and that he had later been revived by the cool, damp air of the tomb.

Conspiracy theorists bolstered this hypothesis by pointing out that Jesus had been given some liquid on a sponge while on the cross (Mark 15:36) and that Pilate seemed surprised at how quickly Jesus had succumbed (Mark 15:44). Consequently, they said, Jesus’ reappearance wasn’t a miraculous resurrection but merely a fortuitous resuscitation, and his tomb was empty because he continued to live.

Like an urban myth, the swoon theory continues to flourish. But what does the evidence really establish? What actually happened at the crucifixion? What was Jesus’ cause of death? Is there any possible way he could have survived this ordeal?

3. Which piece of medical evidence (see the “Think About This!” boxes that follow) most stands out to you as substantiating evidence for the
biblical account of the crucifixion and death of Jesus? Which is the weakest piece of evidence or makes the least amount of sense? In your opinion, what are the odds that Jesus really survived his crucifixion? Do you think it’s possible that Jesus didn’t actually die on the cross and his “resurrection” was only a near-death experience from which he recovered? Give reasons for your answers.

“The pain was absolutely unbearable. In fact, it was literally beyond words to describe; they had to invent a new word: excruciating. Literally, excruciating means 'out of the cross.' Think of that; they needed to create a new word, because there was nothing in the language that could describe the intense anguish caused during the crucifixion.”

— Alexander Metherell, MD, PhD

**THINK ABOUT THIS!**

**Medical Evidence**

*Medical evidence can be crucial. It can determine whether a child died of abuse or an accidental fall. It can establish whether a person succumbed to natural causes or was murdered by someone who spiked the person’s coffee with arsenic. It can uphold or dismantle a defendant’s alibi by pinpointing the victim’s time of death.*
using an ingenious procedure that measures the amount of potassium in the eyes of the deceased. And yes, even in the case of someone brutally executed on a Roman cross two millennia ago, medical evidence can still make a crucial contribution: it can destroy one of the most persistent arguments used by those who claim that the resurrection of Jesus — the supreme vindication of his claim to deity — was nothing more than an elaborate hoax.

Jesus Is Flogged

Then Pilate took Jesus and had him flogged. The soldiers twisted together a crown of thorns and put it on his head. They clothed him in a purple robe and went up to him again and again, saying, "Hail, king of the Jews!" And they slapped him in the face.

Matthew 27:27–31

Roman Floggings

"Roman floggings were known to be terribly brutal. They usually consisted of thirty-nine lashes. The soldier would use a whip of braided leather thongs with metal balls woven into them. When the whip would strike the flesh, these balls would cause deep bruises or contusions, which would break open with further blows. And the whip had pieces of sharp bone as well, which would cut the flesh severely. One physician who has studied Roman beatings said, 'As the flogging continued, the lacerations would tear into the underlying skeletal muscles and produce quivering ribbons of bleeding flesh.' A third-century historian by the name of Eusebius described a flogging by saying, 'The sufferer’s veins were laid bare, and the very muscles, sinews, and bowels of the victim were open to exposure.' We know that many people would die from this kind of beating even before they could be crucified. At the least, the victim would experience tremendous pain and go into hypovolemic shock."

Alexander Metherell
Hypovolemic shock: Hypo means “low,” vol refers to volume, and emic means “blood,” so hypovolemic shock means the person is suffering the effects of losing a large amount of blood. This does four things. First, the heart races to try to pump blood that isn’t there; second, the blood pressure drops, causing fainting or collapse; third, the kidneys stop producing urine to maintain what volume is left; and fourth, the person becomes very thirsty as the body craves fluids to replace the lost blood volume.

**Jesus Is Crucified**

So the soldiers took charge of Jesus. Carrying his own cross, he went out to the place of the Skull (which in Aramaic is called Golgotha). There they crucified him, and with him two others—one on each side and Jesus in the middle. Pilate had a notice prepared and fastened to the cross. It read: JESUS OF NAZARETH, THE KING OF THE JEWS. Many of the Jews read this sign, for the place where Jesus was crucified was near the city, and the sign was written in Aramaic, Latin and Greek. The chief priests of the Jews protested to Pilate, “Do not write ‘The King of the Jews,’ but that this man claimed to be king of the Jews.” Pilate answered, “What I have written, I have written.” When the soldiers crucified Jesus, they took his clothes, dividing them into four shares, one for each of them, with the undergarment remaining. This garment was seamless, woven in one piece from top to bottom. “Let’s not tear it,” they said to one another. “Let’s decide by lot who will get it.” This happened that the scripture might be fulfilled that said, “They divided my clothes among them and cast lots for my garment.” So this is what the soldiers did.

John 19:16b – 24

Those who passed by hurled insults at him, shaking their heads and saying, “So! You who are going to destroy the temple and build it in three days, come down from the cross and save yourself!” In the same way the chief priests and the teachers of the law mocked him among themselves. “He saved others,” they said, “but he can’t save himself! Let this Messiah, this king of Israel, come down now from the cross, that we may see and believe.” Those crucified with him also heaped insults on him.

Mark 15:29 – 32
Later, knowing that everything had now been finished, and so that Scripture would be fulfilled, Jesus said, “I am thirsty.” A jar of wine vinegar was there, so they soaked a sponge in it, put the sponge on a stalk of the hyssop plant, and lifted it to Jesus’ lips. When he had received the drink, Jesus said, “It is finished.” With that, he bowed his head and gave up his spirit.

John 19:28 – 30

**Death by Asphyxiation**

“Once a person is hanging in the vertical position, crucifixion is essentially an agonizingly slow death by asphyxiation. The reason is that the stresses on the muscles and diaphragm put the chest into the inhaled position; basically, in order to exhale, the individual must push up on his feet so the tension on the muscles would be eased for a moment. In doing so, the nail would tear through the foot, eventually locking up against the tarsal bones. After managing to exhale, the person would then be able to relax down and take another breath in. Again he’d have to push himself up to exhale, scraping his bloodied back against the coarse wood of the cross. This would go on and on until complete exhaustion would take over, and the person wouldn’t be able to push up and breathe anymore.”

Alexander Metherell
4. Did you know that Jesus was so anguished in the garden that his sweat became like drops of blood? (See the following “Think About This!” box.) How surprised are you to learn that blood in the sweat glands is an actual medical condition due to high levels of stress? How does this medical fact affect the credibility of the biblical account? What do you think was the cause of Jesus’ anguish and stress in the garden?

THINK ABOUT THIS!

Jesus Sweats Blood

Jesus went out as usual to the Mount of Olives, and his disciples followed him. On reaching the place, he said to them, “Pray that you will not fall into temptation.” He withdrew about a stone’s throw beyond them, knelt down and prayed, “Father, if you are willing, take this cup from me; yet not my will, but yours be done.” An angel from heaven appeared to him and strengthened him. And being in anguish, he prayed more earnestly, and his sweat was like drops of blood falling to the ground.

Evidence for the Resurrection

FAST FACT

Hematidrosis: “[Hematidrosis is] not very common, but it is associated with a high degree of psychological stress. What happens is that severe anxiety causes the release of chemicals that break down the capillaries in the sweat glands. As a result, there’s a small amount of bleeding into these glands, and the sweat comes out tinged with blood. We’re not talking about a lot of blood; it’s just a very, very small amount.”

Alexander Metherell

5. In John’s account of the death of Jesus, he gives a seemingly irrelevant, secondary detail that when the soldier pierced Jesus’ side to be sure he was dead, both water and blood came out. (See the following “Think About This!” box.) Given that there was no medical knowledge of the conditions known as pericardial effusion (water around the heart) or pleural effusion (water around the lungs) at that time, what significance does this detail add to the credibility and accuracy of John’s account?
THINK ABOUT THIS!

Pierced but Not Broken

Now it was the day of Preparation, and the next day was to be a special Sabbath. Because the Jewish leaders did not want the bodies left on the crosses during the Sabbath, they asked Pilate to have the legs broken and the bodies taken down. The soldiers therefore came and broke the legs of the first man who had been crucified with Jesus, and then those of the other. But when they came to Jesus and found that he was already dead, they did not break his legs. Instead, one of the soldiers pierced Jesus’ side with a spear, bringing a sudden flow of blood and water. The man who saw it has given testimony, and his testimony is true. He knows that he tells the truth, and he testifies so that you also may believe. These things happened so that the scripture would be fulfilled: "Not one of his bones will be broken," and, as another scripture says, “They will look on the one they have pierced.”

John 19:31 – 37

FAST FACT

Pericardial and pleural effusion: “Even before he died — and this is important, too — the hypovolemic shock would have caused a sustained rapid heart rate that would have contributed to heart failure, resulting in the collection of fluid in the membrane around the heart, called a pericardial effusion, as well as around the lungs, which is called a pleural effusion … [T]he Roman soldier came around and, being fairly certain that Jesus was dead, confirmed it by thrusting a spear into his right side. The spear apparently went through the right lung and into the heart, so when the spear was pulled out, some fluid — the pericardial effusion and the pleural effusion — came out. This would have the appearance of a clear fluid, like water, followed by a large volume of blood, as the eyewitness John described in his Gospel. John probably had no idea why he saw both blood and a clear fluid come out — certainly that’s not what an untrained person like him would have anticipated. Yet John’s description is consistent with what modern medicine would expect to have happened. I’ll grant you that the soldiers didn’t go to medical school. But remember that they were experts in killing people — that was their job, and they did it very well. They knew without a doubt when a person was dead, and really it’s not so terribly difficult to figure out. Besides, if a prisoner somehow escaped, the
Evidence for the Resurrection

**responsible soldiers would be put to death themselves, so they had a huge incentive to make absolutely sure that each and every victim was dead when he was removed from the cross.**

Alexander Metherell

6. Read the accounts of the burial and the discovery of the empty tomb. (See the following “Think About This!” box.) What questions do they raise or answer for you? Some skeptics suggest that if Jesus was really dead and buried, then the idea of an empty tomb is impossible. So they conclude that either Jesus never really died or the tomb was never found empty. What do you think? Was the tomb really found empty? Why or why not?

“When we turn to the Gospels, we find multiple, independent attestation of this burial story, and Joseph of Arimathea is specifically named in all four accounts. On top of that, the burial story in Mark is so extremely early that it’s simply not possible for it to have been subject to legendary corruption. When you read the New Testament, there’s no doubt that the disciples sincerely believed the truth of the resurrection, which they proclaimed to their deaths. The idea that the empty tomb is the result of some hoax, conspiracy, or theft is simply dismissed today.”

— William Lane Craig
As evening approached, there came a rich man from Arimathea, named Joseph, who had himself become a disciple of Jesus. Going to Pilate, he asked for Jesus’ body, and Pilate ordered that it be given to him. Joseph took the body, wrapped it in a clean linen cloth, and placed it in his own new tomb that he had cut out of the rock. He rolled a big stone in front of the entrance to the tomb and went away. Mary Magdalene and the other Mary were sitting there opposite the tomb. The next day, the one after Preparation Day, the chief priests and the Pharisees went to Pilate. “Sir,” they said, “we remember that while he was still alive that deceiver said, ‘After three days I will rise again.’ So give the order for the tomb to be made secure until the third day. Otherwise, his disciples may come and steal the body and tell the people that he has been raised from the dead. This last deception will be worse than the first.” “Take a guard,” Pilate answered. “Go, make the tomb as secure as you know how.” So they went and made the tomb secure by putting a seal on the stone and posting the guard.

Matthew 27:57 – 66

“There was a slanted groove that led down to a low entrance, and a large disk-shaped stone was rolled down this groove and lodged into place across the door. A smaller stone was then used to secure the disk. Although it would be easy to roll this big disk down the groove, it would take several men to roll the stone back up in order to reopen the tomb. In that sense it was quite secure.”

William Lane Craig

After the Sabbath, at dawn on the first day of the week, Mary Magdalene and the other Mary went to look at the tomb. There was a violent earthquake, for an angel of the Lord came down from heaven and, going to the tomb, rolled back the stone and sat on it. His appearance was like lightning, and his clothes were white as snow. The guards were so afraid of him that they shook and became like dead men.

The angel said to the women, “Do not be afraid, for I know that you are looking for Jesus, who was crucified. He is not here; he has risen, just as he said. Come and see the place where he lay. Then go quickly and tell his disciples: ‘He has risen from
the dead and is going ahead of you into Galilee. There you will see him.’ Now I have told you.”

So the women hurried away from the tomb, afraid yet filled with joy, and ran to tell his disciples. Suddenly Jesus met them. “Greetings,” he said. They came to him, clasped his feet and worshiped him. Then Jesus said to them, “Do not be afraid. Go and tell my brothers to go to Galilee; there they will see me.”

While the women were on their way, some of the guards went into the city and reported to the chief priests everything that had happened. When the chief priests had met with the elders and devised a plan, they gave the soldiers a large sum of money, telling them, “You are to say, ‘His disciples came during the night and stole him away while we were asleep.’ If this report gets to the governor, we will satisfy him and keep you out of trouble.” So the soldiers took the money and did as they were instructed. And this story has been widely circulated among the Jews to this very day.

Matthew 28:1 – 15

7. William Lane Craig, n. T. Wright, and Michael Licona contend that if the empty tomb story were fabricated by Jesus’ disciples, they never would have said that its discovery was made by women, due to women’s low status in that day. (See the “Think About This!” box on the following page.) Does this argument make sense to you? Do you agree with it? Why or why not?
Now Mary stood outside the tomb crying. As she wept, she bent over to look into the tomb and saw two angels in white, seated where Jesus’ body had been, one at the head and the other at the foot. They asked her, “Woman, why are you crying?” “They have taken my Lord away,” she said, “and I don’t know where they have put him.” At this, she turned around and saw Jesus standing there, but she did not realize that it was Jesus. He asked her, “Woman, why are you crying? Who is it you are looking for?” Thinking he was the gardener, she said, “Sir, if you have carried him away, tell me where you have put him, and I will get him.” Jesus said to her, “Mary.” She turned toward him and cried out in Aramaic, “Rabboni!” (which means “Teacher”). Jesus said, “Do not hold on to me, for I have not yet ascended to the Father. Go instead to my brothers and tell them, ‘I am ascending to my Father and your Father, to my God and your God.’” Mary Magdalene went to the disciples with the news: “I have seen the Lord!” And she told them that he had said these things to her.

John 20:11 – 18

“When you understand the role of women in first-century Jewish society, what’s really extraordinary is that this empty tomb story should feature women as the discoverers of the empty tomb in the first place. Women were on a very low rung of the social ladder in first-century Palestine. There are old rabbinical sayings that said, ‘Let the words of the Law be burned rather than delivered to women’ and ‘Blessed is he whose children are male, but woe to him whose children are female.’ In light of this, it’s absolutely remarkable that the chief witnesses to the empty tomb are these women who were friends of Jesus. Any later legendary account would have certainly portrayed male disciples as discovering the tomb — Peter or John, for example. The fact that women are the first witnesses to the empty tomb is most plausibly explained by the reality that — like it or not — they were the discoverers of the empty tomb! This shows that the Gospel writers faithfully recorded what happened, even if it was embarrassing. This bespeaks the historicity of this tradition rather than its legendary status.”

William Lane Craig
8. The creed in 1 Corinthians 15 (see the “Think About This!” box below) is the only place in ancient literature where it is claimed that Jesus appeared to five hundred people at once. The Gospels don’t mention it. No secular historian mentions it. Do you agree with the reasons historian Gary Habermas gives that this creed is the earliest and one of the best authenticated passages in Scripture? Why or why not? How pivotal is this creed to your assessment of whether Jesus was seen alive after the crucifixion?

**THINK ABOUT THIS!**

**The Earliest Christian Creed**

*For what I received I passed on to you as of first importance: that Christ died for our sins according to the Scriptures, that he was buried, that he was raised on the third day according to the Scriptures, and that he appeared to Cephas [Peter], and then to the Twelve. After that, he appeared to more than five hundred of the brothers and sisters at the same time, most of whom are still living, though some have fallen asleep. Then he appeared to James, then to all the apostles.*

1 Corinthians 15:3–7

“We know that Paul wrote 1 Corinthians between AD 55 and 57. He indicates in 1 Corinthians 15:1–4 that he has already passed on this creed to the church at Corinth, which would mean it must predate his visit there in AD 51. Therefore the creed was being used within twenty years of the resurrection, which is quite early.”
However, I’d agree with the various scholars who trace it back even further, to within two to eight years of the resurrection, or from about AD 32 to 38, when Paul received it in either Damascus or Jerusalem. So this is incredibly early material — primitive, unadorned testimony to the fact that Jesus appeared alive to skeptics like Paul and James, as well as to Peter and the rest of the disciples.

“Now, stop and think about it: you would never include this phrase [the 500] unless you were absolutely confident that these folks would confirm that they really did see Jesus alive. I mean, Paul was virtually inviting people to check it out for themselves! He wouldn’t have said this if he didn’t know they’d back him up. Look, I’d love to have five sources for this. I don’t. But I do have one excellent source — a creed that’s so good that German historian Hans von Campenhausen says, ‘This account meets all the demands of historical reliability that could possibly be made of such a text.’ The creed is early … it’s free from legendary contamination,… it’s unambiguous and specific, and … it’s ultimately rooted in eyewitness accounts.”

Gary Habermas, PhD

The apostle Paul writes in 1 Corinthians 15:14: “And if Christ has not been raised, our preaching is useless and so is your faith.” Why does Paul call the resurrection of Jesus the very linchpin of the Christian faith?

THINK ABOUT THIS!

The Appearances

When they had carried out all that was written about him, they took him down from the cross and laid him in a tomb. But God raised him from the dead, and for
many days he was seen by those who had traveled with him from Galilee to Jerusa-
lem. They are now his witnesses to our people.

Acts 13:29 – 31

“Without having a reliable testimony for the emptiness of Jesus’ tomb, the early
Christian community could not have survived in Jerusalem proclaiming the resur-
rection of Christ.”

German scholar Wolfhart Pannenberg

Early in the morning, Jesus stood on the shore, but the disciples did not realize that
it was Jesus. He called out to them, “Friends, haven’t you any fish?” “No,” they an-
swered. He said, “Throw your net on the right side of the boat and you will find
some.” When they did, they were unable to haul the net in because of the large
number of fish. Then the disciple whom Jesus loved said to Peter, “It is the Lord!” As
soon as Simon Peter heard him say, “It is the Lord,” he wrapped his outer garment
around him (for he had taken it off) and jumped into the water. The other disciples
followed in the boat, towing the net full of fish, for they were not far from shore,
about a hundred yards. When they landed, they saw a fire of burning coals there
with fish on it, and some bread. Jesus said to them, “Bring some of the fish you have
just caught.” So Simon Peter climbed back into the boat and dragged the net ashore.
It was full of large fish, 153, but even with so many the net was not torn. Jesus said
to them, “Come and have breakfast.” None of the disciples dared ask him, “Who are
you?” They knew it was the Lord. Jesus came, took the bread and gave it to them,
and did the same with the fish. This was now the third time Jesus appeared to his
disciples after he was raised from the dead.

John 21:4 – 14

“The appearances of Jesus are as well authenticated as anything in antiquity …
There can be no rational doubt that they occurred, and that the main reason why
Christians became sure of the resurrection in the earliest days was just this. They
could say with assurance, ‘We have seen the Lord.’ They knew it was he.”

British theologian Michael Green

“Even the more skeptical historians agree that for primitive Christianity … the res-
urrection of Jesus from the dead was a real event in history, the very foundation of
faith, and not a mythical idea arising out of the creative imagination of believers.”

Historian Carl Braaten
OPTIONAL DISCUSSION QUESTIONS
for Those Investigating Christianity

• Given the severity of the penalty for an escaped prisoner during the Roman era, how motivated were the guards to prevent such an occurrence? How does this fact affect the credibility of the biblical account surrounding Jesus’ death and resurrection?

• Even Jesus’ enemies acknowledged that the tomb was empty. What weight does this give to the credibility of this claim? Why?

• Everyone in the ancient world admitted the tomb was empty; the issue was how it got that way. Can you think of any logical explanation for the vacant tomb other than the resurrection of Jesus?

• Do you agree or disagree with the following statements? Give reasons for your responses.

  – Jesus’ tomb was not really empty.

  – The disciples stole the body.

  – The women went to the wrong tomb.

  – The disciples embellished the story of the empty tomb because they were Jesus’ friends.

  – The empty tomb was simply a legend that developed over time.

• Gary Habermas reduced the issue of the resurrection to two questions: Did Jesus die? And was he later seen alive? Based on the evidence so far, how would you answer those questions?

• Could there be any plausible alternatives that could explain away the encounters people had with the risen Jesus? Could these accounts be legendary in nature? Or how likely is it that the witnesses had all experienced the same hallucination?
Between Sessions

Personal Reflection

On his arrival, Jesus found that Lazarus had already been in the tomb for four days. Now Bethany was less than two miles from Jerusalem, and many Jews had come to Martha and Mary to comfort them in the loss of their brother. When Martha heard that Jesus was coming, she went out to meet him, but Mary stayed at home.

“Lord,” Martha said to Jesus, “if you had been here, my brother would not have died. But I know that even now God will give you whatever you ask.” Jesus said to her, “Your brother will rise again.” Martha answered, “I know he will rise again in the resurrection at the last day.”

Jesus said to her, “I am the resurrection and the life. The one who believes in me will live, even though they die; and whoever lives by believing in me will never die. Do you believe this?” “Yes, Lord,” she replied, “I believe that you are the Messiah, the Son of God, who was to come into the world.”

When Mary reached the place where Jesus was and saw him, she fell at his feet and said, “Lord, if you had been here, my brother would not have died.” When Jesus saw her weeping, and the Jews who had come along with her also weeping, he was deeply moved in spirit and troubled. “Where have you laid him?” he asked. “Come and see, Lord,” they replied. Jesus wept . . .

Then Jesus looked up and said, “Father, I thank you that you have heard me. I knew that you always hear me, but I said this for the benefit of the people standing here, that they may believe that you sent me.” When he had said this, Jesus called in a loud voice, “Lazarus, come out!” The dead man came out, his hands and feet wrapped with strips of linen, and a cloth around his face. Jesus said to them, “Take off the grave clothes and let him go.”

1. Have you ever lost someone you loved? If so, perhaps you can relate to Martha’s feelings of frustration and pain upon seeing Jesus. Were you angry like she was that God didn’t intervene in some way to prevent it? Like Martha, do you have a distant hope that your loved one will one day rise again? If so, what leads you to believe that there is life after death? From where does your hope come? Is it simply wishful thinking, or is your hope grounded in reality?

2. Now that you’ve had a chance to evaluate the evidence, what have you concluded about Jesus’ power and authority over death? Did Jesus really return alive from the dead? Was the resurrection a legend, a hoax, or was it an actual event that changed the history of the world? What’s your own conclusion concerning whether Jesus’ tomb was empty on that first Easter morning, and what does it mean for you personally?
3. The resurrection is the supreme vindication of Jesus’ divine identity and his inspired teaching. It’s the proof of his triumph over sin and death. It’s the foreshadowing of the eternal resurrection of his followers and the basis of all Christian hope! It’s the miracle of all miracles. Do these statements make sense to you or are they difficult for you to believe? What do you think is significant about the resurrection?

4. Reread the exchange between Jesus and Martha at the beginning of the “Personal Reflection.” Claiming he was able to defeat spiritual death and impart eternal life to anyone who believes in him, Jesus asked Martha, “Do you believe this?” The Bible teaches that faith is being sure of what is hoped for and certain of what cannot be seen. Imagine you are in Martha’s place and Jesus is asking you the same question. “Do you believe this?” What is your response?
5. Whether you believe, disbelieve, or are wrestling with doubts, Jesus is alive today and is willing to meet you wherever you are. Speak to him at this moment and ask him to reveal himself to you.

Personal Reading

Please read the following book content in preparation for session six:

*The Case for Christ*, conclusion: The Verdict of History
The Case for Christ

A Journalist’s Personal Investigation of the Evidence for Jesus

Lee Strobel
New York Times Bestselling Author

A Seasoned Journalist Chases Down the Biggest Story in History

Is there credible evidence that Jesus of Nazareth really is the Son of God?

Retracing his own spiritual journey from atheism to faith, Lee Strobel, former legal editor of the Chicago Tribune, cross-examines a dozen experts with doctorates from schools like: Cambridge, Princeton, and Brandeis who are recognized authorities in their own fields.

Strobel challenges them with questions like: How reliable is the New Testament? Does evidence for Jesus exist outside the Bible? Is there any reason to believe the resurrection was an actual event?

Strobel’s tough, point-blank questions make this Gold Medallion-winning book read like a captivating, fast-paced novel. But it’s not fiction. It’s a riveting quest for the truth about history’s most compelling figure.

What will your verdict be in The Case for Christ?

“Lee Strobel probes with bulldog-like tenacity the evidence for the truth of biblical Christianity.”

Bruce M. Metzger, PhD, Professor of New Testament, Emeritus, Princeton Theological Seminary

“Lee Strobel asks the questions a tough-minded skeptic would ask. His book is so good I read it out loud to my wife evenings after dinner. Every inquirer should have it.”

Phillip E. Johnson, Law Professor, University of California at Berkeley

Available in stores and online!

ZONDERVAN.com
The Case for Christ for Kids Curriculum

Investigating the Truth about Jesus

Lee Strobel with
Christopher D. Hudson

How would the kids in your children’s ministry answer friends who ask questions like: Was Jesus really born in a stable? Did his friends tell the truth? Did he really come back from the dead?

In these six lessons children will learn answers to these and other pressing questions in kid-friendly language that will help them grow in their faith. Packed full of well-researched, reliable, and fun investigations of some of the biggest questions kids have, The Case for Christ for Kids Curriculum brings Jesus to life by addressing the existence, miracles, ministry, and resurrection of Christ.

This DVD-ROM makes your children’s ministry planning simple and includes everything you need for a successful Sunday school, children’s church, or VBS program:
• A checklist to help leaders organize each week’s study
• Lesson Plans
• Family Pages
• Promotional materials
• AND a VBS expansion kit to help leaders teach The Case for Christ for Kids Curriculum as a Vacation Bible School or Backyard Bible Club program

The six sessions include:
• The Case of the Promised Baby
• The Case of the Voice from Heaven
• The Case of the Eyewitnesses
• The Case of the Wedding Crisis
• The Case of the Living Water
• The Case of the Risen Jesus

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The Case for Faith: A DVD Study
Investigating the Toughest Objections to Christianity

Lee Strobel and Garry Poole

Does believing in Christ mean refusing to ask hard questions in the midst of doubt?

Doubt is familiar territory for Lee Strobel, the former atheist and award-winning author of books for skeptics and Christians. But he believes that faith and reason go hand in hand, and that Christianity is a defensible religion.

In this six-session revised small group video Bible study, Strobel explores the most common emotional obstacles to faith in Christ. These include the natural inclination to wrestle with faith and doubt, the troubling presence of evil and suffering in the world, and the exclusivity of the Christian gospel. They also include this compelling question: Can I doubt and be a Christian?

Through compelling personal stories and experts testimony combined with reflection and interaction, Christians and spiritual seekers will learn how to overcome these obstacles, deepen their spiritual convictions, and find new confidence that Christianity is a reasonable faith.

Sessions include:
• The Challenge of Faith
• Dealing with Doubt
• Evil and Suffering, Part 1
• Evil and Suffering, Part 2
• Why Is Jesus the Only Way to God?
• The Power of Faith

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